# FIRST PRINCIPLES OF CYBERSAFETY



**Protect your information** 

Use an 'online persona'

Post/share sparingly

Be extremely cautious with photos, videos, and webcams

## BESKEPTICAL

Verify if info sources are reliable or sketchy

Recognize the signs of scams and fraud

**Limit interactions with** 'online strangers'

### BESECURE

Secure your devices and accounts

Recognize signs of compromise

Use password best practices

## **BE POSITIVE**

Block and report bad behaviour

Get help from a trusted adult when appropriate

Interact with others in a safe and fun way

### Apply these principles to become #UnHackable!



# Online Gaming Safety: How to Protect your 'Skins'



Playing with people you don't know? Use a safe game name, something cool like: SecretNinia99

## **Protect vourldenti**



Use an avatar instead of a real photo of you. If a stranger asks you to share a photo or to turn on your webcam, say no!

# No Mods.



Downloading cheats or mods from websites other than the official game website can be dangerous

If gaming is effecting everyday things like school, sleep, or friendships, it can lead to feelings of:



Reach out to someone you trust about how you're feeling

What to **Teach Your Parents About Online Safety** 

Keep your passwords secret!

Keep your real name, age, photos of yourself, and where you live private!

Remember to make time for offline play!

**Doctors** recommend a max of 30-60 minutes online per dav!

No live chat, real names, or photos. Use a parent's email. Limit time = limit exposure

## How to Have a Positive Time Online



Connect with people, friends and family you feel comfortable with.

## Take Charge of Your **Online Experience!**



Block the chat feature and players, turn off your mic, report bad behaviour, or switch to a different game!

# Find Time for Other Activities



Make time for other things you eniov, like spending time outside!