



# HOW TO PROTECT YOUR PRIVACY AND SECURITY **ONLINE**

Combatting Cybercrime through Collaboration



Facilitated by:  
**Claudiu Popa**  
CISSP CIPP CRISC



# How to be #UnHackable

**Be  
Private**

**Be  
Secure**

**Be  
Skeptical**

**Be  
Positive**



**Be Private**

## SHOULD THEY HAVE YOUR PRIVATE DATA?

Companies are not allowed to overcollect your personal info.

You can choose what data to share with businesses.



## WHITE LIES

Provide 'fake info' and use the same fake info next time you are asked to verify it.

Use a password manager to keep track of the information you have given to each site.

## WHAT CAN YOU "LIE" ABOUT? DATA THEY DON'T NEED SUCH AS:



- Your Name
- Your Date of Birth
- Images of Yourself
- Where you Live
- Your Occupation
- Your Age
- Your Gender
- Your Ethnicity

**Be  
Private**

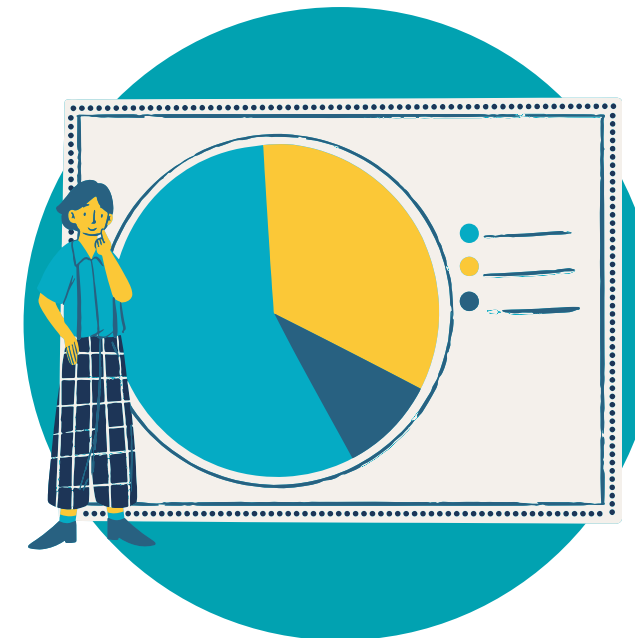
## Skim a Privacy Policy: 4 Key Words

Use **CTRL+F** to find and read these sections:



### Information

Review the personal info collected. Is it necessary for the purpose of the site/app? How will it be used? Will your data be shared with third-parties like 'partners' or 'affiliates'?



### Delete/Retain

How long will your information be kept? Can you request that it be deleted? Does the company provide a contact to ask questions or access your own data?

### Advertising

Is your data shared in order to target you with ads? Look for words like 'targeted advertising' or 'interest-based' content, 'personalize' or 'improve' the service.



### Security

How will your information be protected? Will it be encrypted? Will it be stored outside of Canada? Does the company offer two-step verification or MFA to access the account?



**Be  
Private**

- You do not have to accept cookies!
- Cyberattacks can hijack cookies and gain access to your browsing sessions

## About cookies on this site

We use cookies to collect and analyze information on site performance and usage, to provide social media features and to enhance and customize content and advertisements

[Learn More](#)

**ALLOW ALL COOKIES**

**COOKIE SETTINGS**



**Be  
Private**

# How to be #UnHackable: Be Skeptical

KnowledgeFlow.org

- Use privacy tools that run in your Web browser:



**AdblockPlus**



**CleanBrowsing**

A dark blue hexagon with a white border containing the text "Be Private" in white.

**Be  
Private**



**Be Skeptical**



# How to be #UnHackable: Be Skeptical

KnowledgeFlow.org

## Caller ID Spoofing

You can **no longer trust** that a caller is legitimate based on caller ID



Scammers can fake any number and any organization!

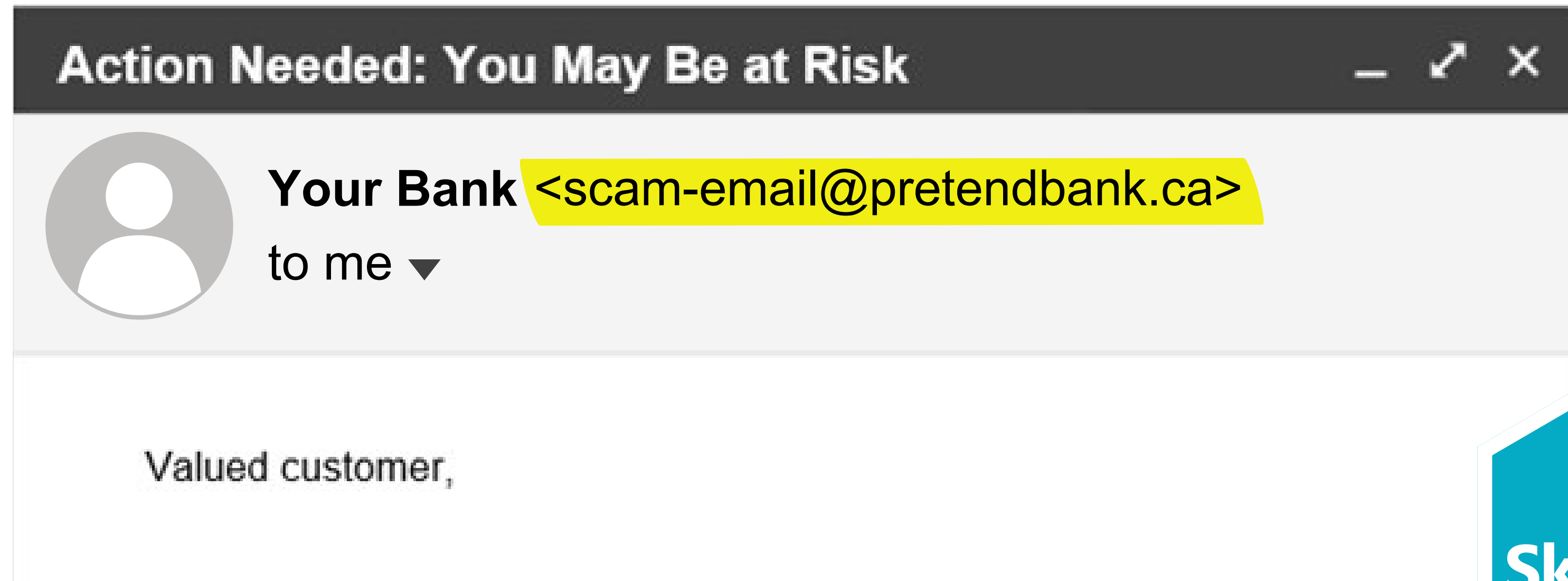
## The Fraud Department Call

**IMPORTANT**

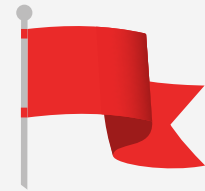
No fraud department should ever ask you to confirm your PIN

Be Skeptical

- Be suspicious of 'no-reply' email addresses
- Don't trust the 'email header'



## Scam Red Flags



1



Fear, Urgency,  
Secrecy

2



Authority or  
Legitimacy

3



Payment  
(in any form)

4



Personal  
Information

- Never feel pressured to pay urgently
- Watch for signs of fearmongering
- Ignore requests for secrecy, 'court gag orders', etc.
- Badge numbers, case numbers, employee numbers, logos, company names, department name - can all be made up
- Unexpected requests for payment, refunds, or to dispute charges are all the same - phishing
- Even if they already have some your info - like your name, address, phone number, SIN, health card number - they will want the rest
- Requests to provide or confirm your information are just as sketchy if you did not initiate the call.



**Be Secure**

## Password Checklist

1



**UNIQUE**

Create a different password for each account

2



**STRONG**

Long, with capitals, numbers and characters

3



**SECURE**

Store in a password manager

4



**COMPLEX**

Enable multi-factor authentication

## Device Security: 10 Steps To Secure Your Phone, Tablet Or Computer

- See your handout



KnowledgeFlow.org > Events

### THE ULTIMATE GUIDE TO SECURING YOUR DEVICES AND ACCOUNTS



#### Device Security

- Make a list of all devices including: phones, laptops, tablets and other connected devices like security cameras, smart TVs, etc
- Ensure each device is configured with a custom, unique login password or PIN and a locking screen saver
- Be sure to enable automatic updates where possible

#### Account Access

- Review any shared accounts
- Update backup emails or contact info for your accounts
- Remove any person you no longer want as your trusted contact

#### Password Security

- Use a trustworthy password manager
- Passwords should be unique for each site and should include a variety of numbers, characters, capitals, etc.
- Never store your passwords on shared devices or in your web browser
- Enable two-factor authentication

#### App Settings

- Delete apps you don't recognize on your devices
- Review the permissions of each app, check access to: location, microphone, camera, notes, documents, photos
- Ensure that apps do not operate in the background and those that require connectivity request it every time

#### Back-Up

- Regularly back up the data on your devices to make recovery from a crash or hack much easier
- Use an encrypted or password protected physical storage device (like a USB stick) which can be more secure than online storage if kept safe

#### KnowledgeFlow.org

##### Shared Devices & WiFi

- Remember to log out of your accounts if using a public device such as at work, school, or library
- Never save passwords to devices that are shared
- Be cautious using public WiFi when accessing sensitive accounts or entering personal information

##### Privacy Settings

- Ensure posts and accounts are set to 'private'
- Check how your primary account 'looks' to the world and what the public can see
- Review all privacy settings on your phone and devices including online data storage and backups (like iCloud)
- Check the Find My settings (or others) to see if your location is shared with anyone

##### Check-In

- Regularly review your accounts and devices for suspicious activity and log-ins if technology permits
- Watch for new icons, installed apps and system tray icons that you do not recognize
- Use Virustotal to check on suspicious files and websites

##### Your Home Network

- Change the default name and password on your router
- Make a "Guest Network" on your router for your smart devices like speakers, thermostats, and alarms etc.

##### Software

- Never disable built-in antivirus protection
- Consider supplementing with adblocking browser extensions and antikeylogger tools
- Run system updates as soon as possible



Combating Cybercrime through Collaboration



## THE S.A.F.E SCAN

YOUR HANDY FOUR-STEP VISUAL SCAN AGAINST SPAM



### Attachments

- There is no such thing as a safe file type! File extensions can be forged.



## WHY YOU SHOULD BE USING AD-BLOCKING SOFTWARE

### What is Ad-blocking Software? What Does it do?

Ad-blocking software is a tool that stops ads from appearing on your computer or phone. It makes browsing faster and more private, and can prevent you from encountering a malicious ad.



### Why Should You be Using Ad-Blocking Software?

Ad-Blocking software is a great addition to your browsing experience. It can help with:

- Improved security by blocking third party trackers, malware, etc.
- Less chance of being affected by malicious ads
- Increased privacy
- Faster browsing

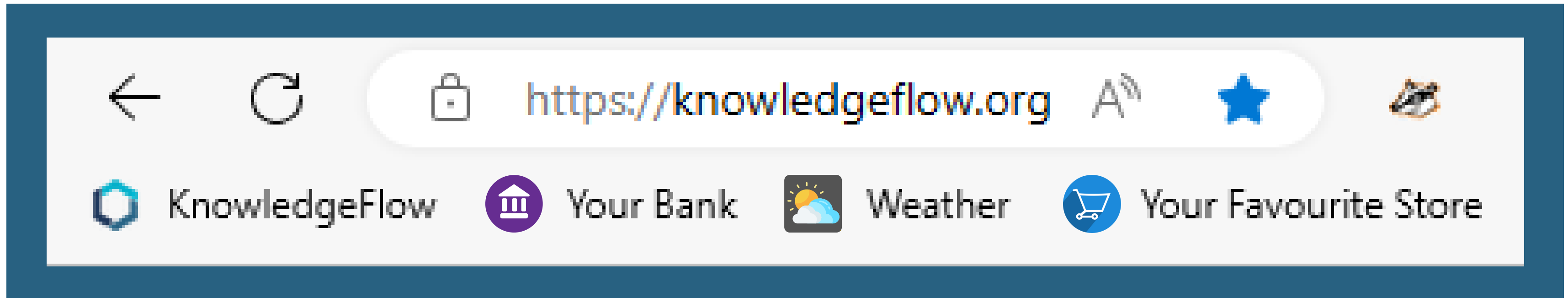


Scammers pay for browser search ads so that they appear before the legitimate ads in searches.

Be  
Secure



- Use Bookmarks!



- Do not trust links in emails.



**Real URL**

KNOWLEDGEFLOW.ORG



**Scam URL**

KNOWLEDGEFLOW.ORG



- Never allow strangers to remotely access your device.



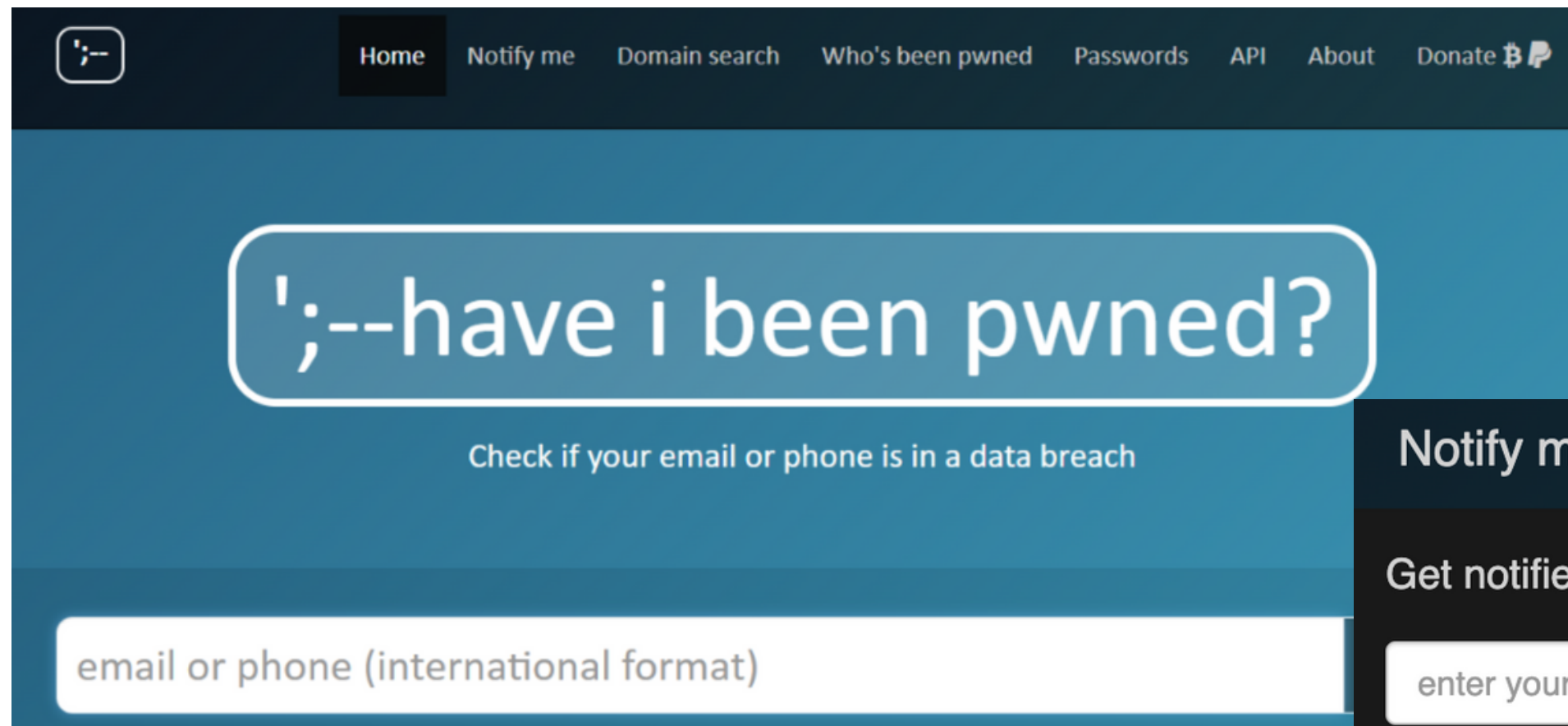
- If you receive a pop-up notice, don't click on it - turn off your device

**Be  
Secure**

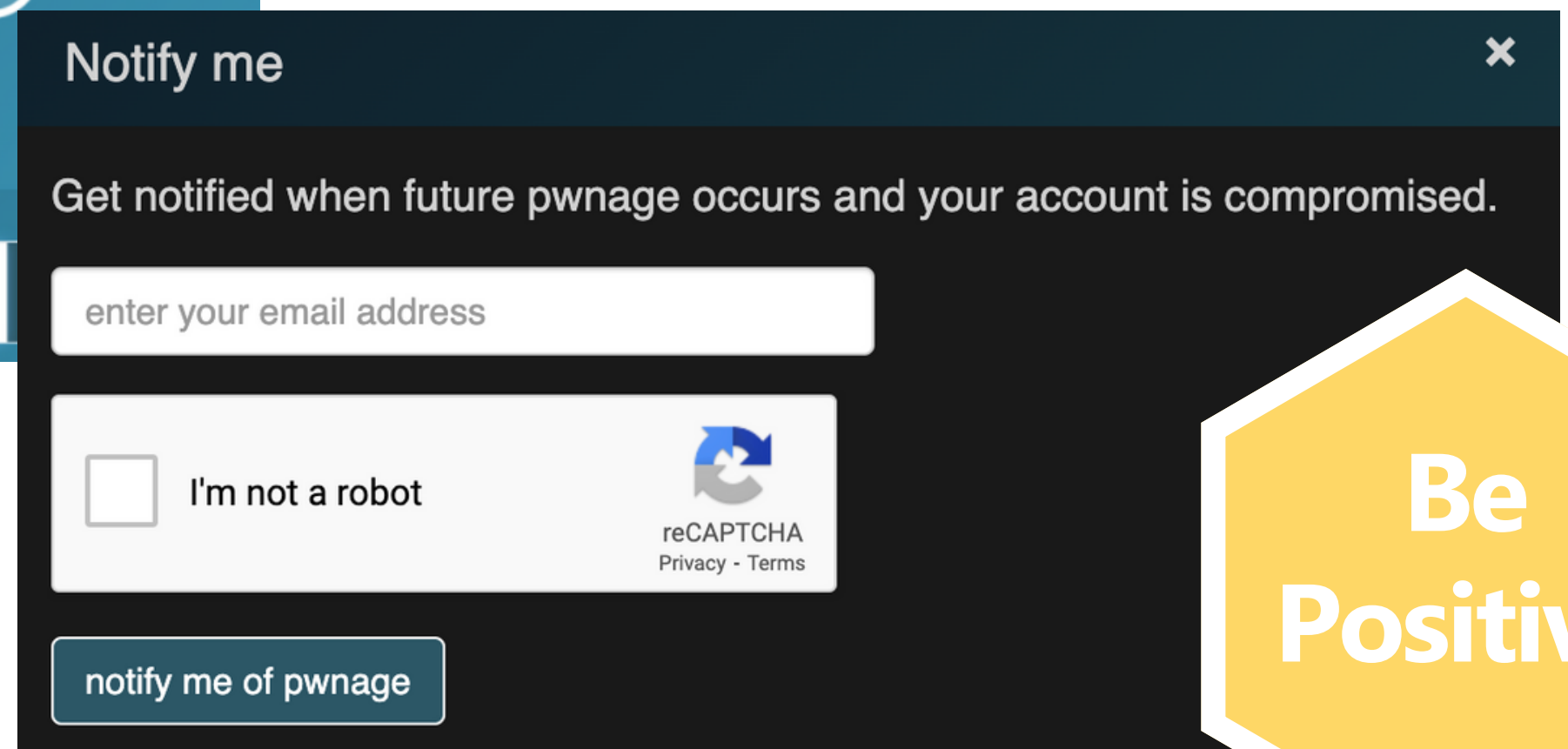


**Be Positive**

## Get Notified



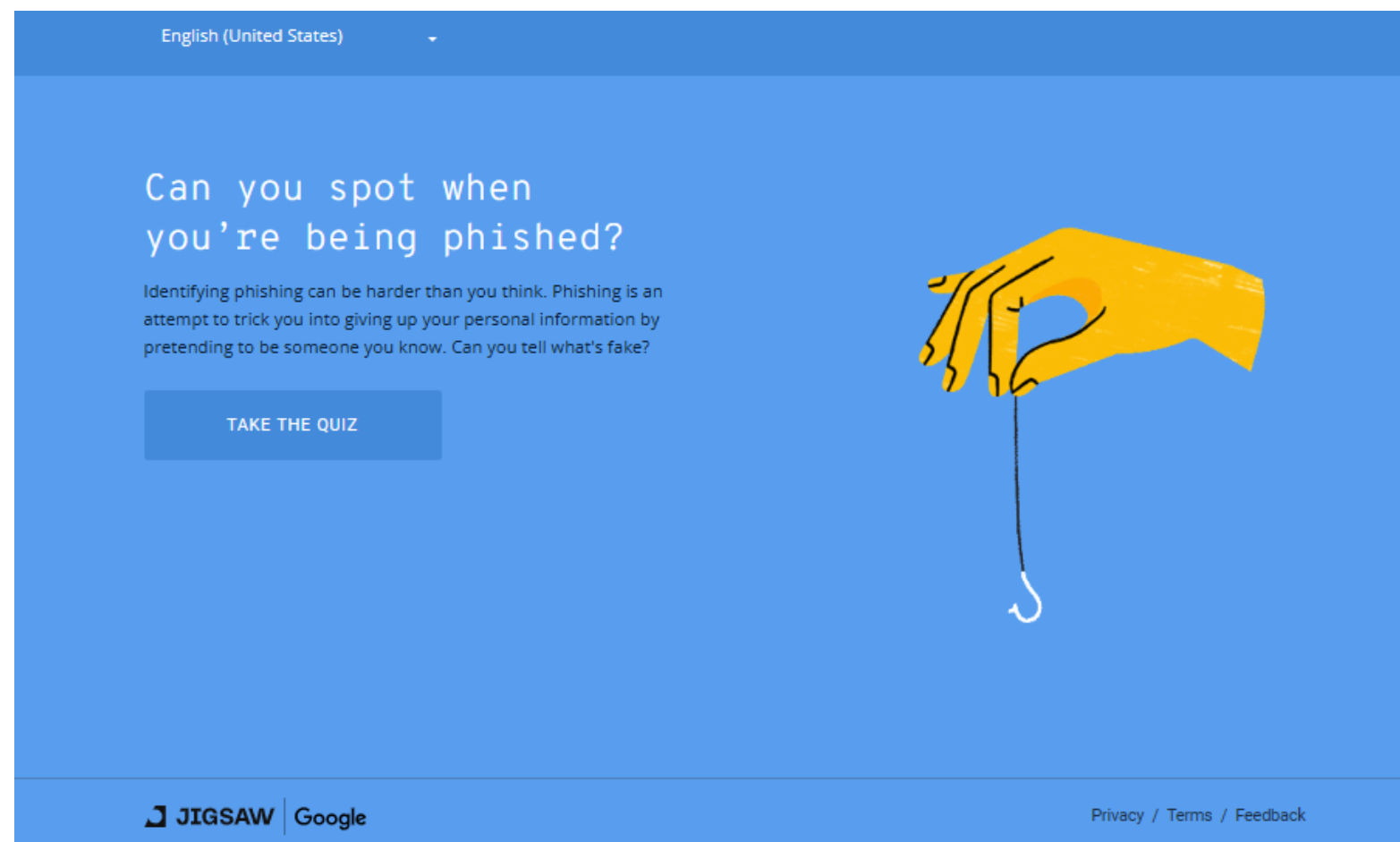
The screenshot shows the top navigation bar with links: Home, Notify me, Domain search, Who's been pwned, Passwords, API, About, and Donate. Below the navigation is a large blue search box containing the text "';--have i been pwned?". Underneath the search box is the text "Check if your email or phone is in a data breach". At the bottom of the search area is a white input field with the placeholder text "email or phone (international format)".



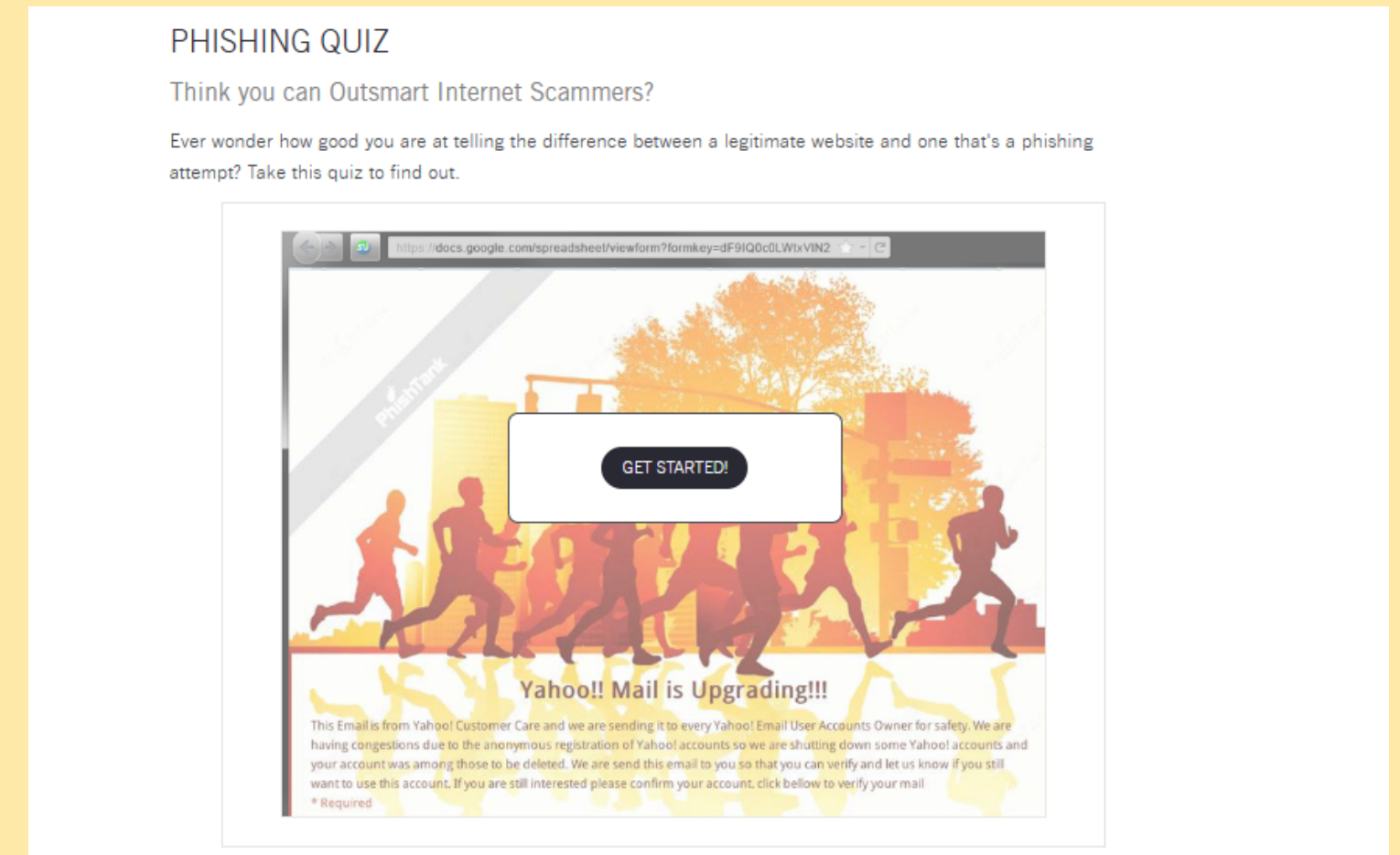
The screenshot shows a dark-themed "Notify me" form. At the top right is a close button (X). The text reads "Get notified when future pwnage occurs and your account is compromised." Below this is a white input field with the placeholder "enter your email address". Underneath is a checkbox labeled "I'm not a robot" next to a reCAPTCHA logo and the text "reCAPTCHA Privacy - Terms". At the bottom is a blue button labeled "notify me of pwnage".



## Test Yourself



[phishingquiz.withgoogle.com](https://phishingquiz.withgoogle.com)



[opendns.com/phishing-quiz](https://opendns.com/phishing-quiz)

Be  
Positive

# How to be #UnHackable: Be Positive

KnowledgeFlow.org

**FREE**



Protect Your Device  
Cybersafety for Everyone

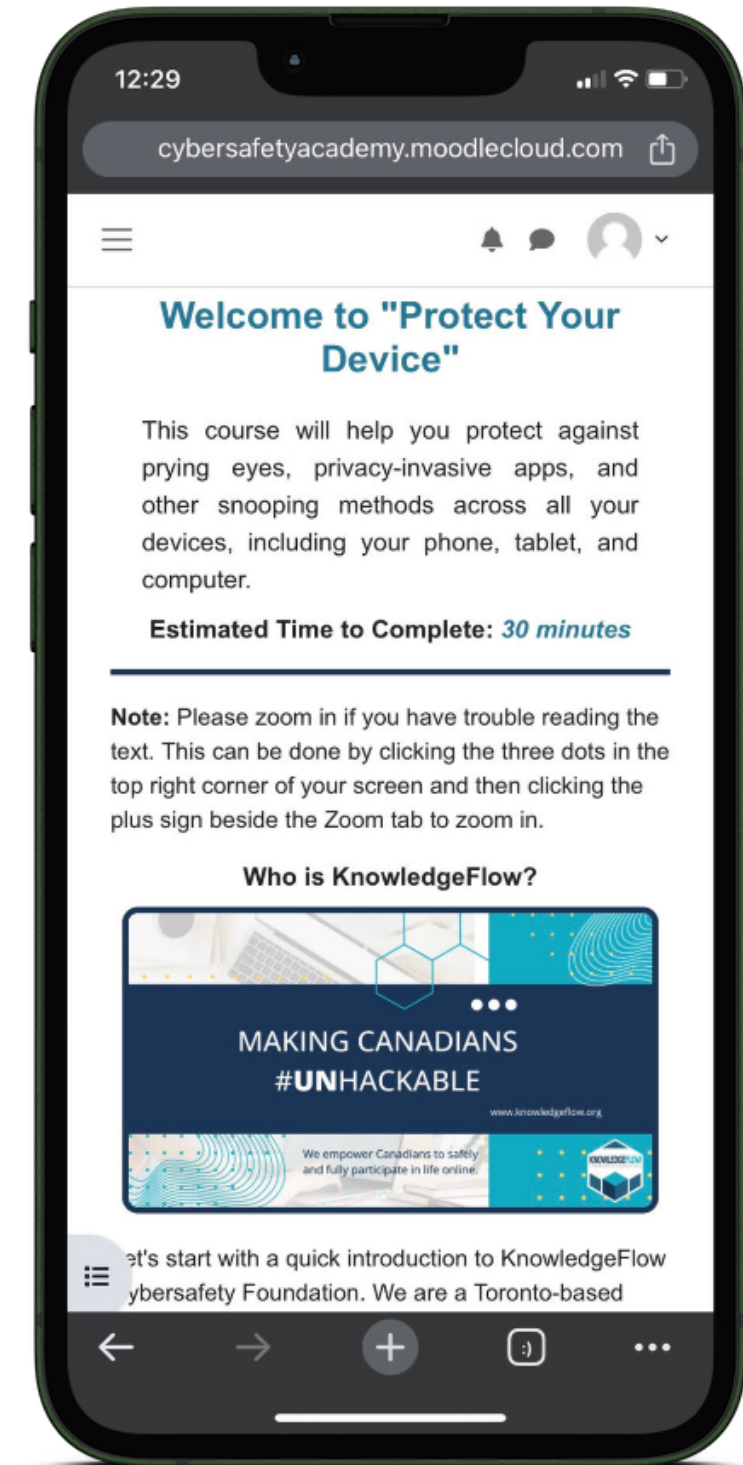


Protect Your Information  
Cybersafety for Everyone



Scams: Spot Them and Stop Them  
Cybersafety for Everyone

# CybersafetyAcademy.ca



# How to be #UnHackable: Be Positive

KnowledgeFlow.org

## Tip Sheets

### Creating, Using, and Organizing Bookmarks

#### WHAT ARE BOOKMARKS?

Bro...  
allo...  
revi...  
Inst...  
add...  
can...  
fast...

#### HOW CAN I USE THEM?

1. C...
2. C...
3. C...
4. C...
5. C...

#### HOW DO I ORGANIZE THEM?

Wh...  
you...  
sor...  
the...  
and...  
fold...  
und...

#### HOW CAN I USE THEM?

Use...  
Ent...  
subfolders in each main category by right-clicking on the folder in the top of your browser and selecting "Add Folder" to further organize your Bookmarks.

### EXTORTION SCAMS



Blackmailing, threats of physical violence, and online threats with the intention to acquire money, personal information, or other items.

#### EXAMPLES OF THREATS

- deportation, arrest
- physical violence
- destruction/damage of property including digital files
- public embarrassment
- reputation damage

#### PREVENTION TIPS

- paying will likely only increase the threats and demands
- don't send money, crypto currency, gift cards
- don't trust the caller ID display on your phone

### DOMAIN SPOOFING: THE FAKE URL SCAM

### CAN YOU SPOT THE SCAM?

✓ **Real URL**  
YourBankWebsite.ca

✗ **Scam URL**  
YourBankWebsite.ca

One URL is a scam created by a cybercriminal

✓ <https://YourBankWebsite.ca>



The s...  
URL I...  
fraud...  
webs...  
are m...  
look...  
to the...  
being...

✗ <https://YourBankWebsite.ca>

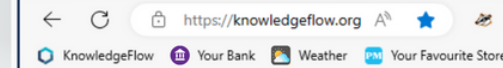


Combating cybercrime through collaboration

### HOW TO PROTECT YOURSELF AND OTHERS

**Use ad-blocking software**  
Scammers pay for browser search ads so that they appear before the legitimate ads in searches.

**Use Bookmarks**  
Bookmark your favourite sites to avoid using a browser search



Combating cybercrime through collaboration

### TIPS to avoid domain spoofing

Don't trust or click on links

Use bookmarks to avoid browser searches

Use an ad blocker if a browser search is necessary

## Visuals



Visit our website for more information!

Represents **88.3%** of all identity fraud events

Often **targets children's SIN numbers**

Is the **fastest-growing** financial crime

Combating cybercrime through collaboration



### Caller ID Spoofing

You can no longer trust that a caller is legitimate based on caller ID



Scammers can fake any number and any organization!

### The Fraud Department Call

ary of calls from ud department ing you to picious activity"

Combating cybercrime through collaboration



### What's The Harm?

\*\*Reusing Passwords on Multiple Accounts\*\*



## Tutorials

### Scams And Fraud

Scams and Fraud: How to spot them and stop them. This video will help you protect yourself against all kinds of scams and fraud including online and digital scams. This video will demonstrate how to detect fraud in its various forms, how to protect yourself against them and how to correct or respond to fraud attempts when they happen.



Be Positive

## Report Concerns to:

- Canadian Anti-Fraud Centre
- Your bank & Credit Card Company
- Local police department
- Equifax and Transunion for credit alerts
- CRTC - regarding spam emails
- 7726 - forward spam texts
- Federal Privacy Commissioner
- Provincial Privacy Commissioner

**www.KnowledgeFlow.org**  
**CYBER SAFETY TIP SHEET**

**KNOWLEDGEFLOW**  
CYBERSAFETY FOUNDATION

**WHAT TO DO AFTER IDENTITY THEFT**

Found out someone's been posting with your social media account?  
Noticed purchases on your credit card bill that you never made?

Other possible signs of Identity Theft:

- Being denied a loan, job or rent unexpectedly
- Bills and statements don't arrive when they are supposed to
- Calls from collection agencies or creditors for an account you don't have

Regardless of how, your data, along with your identity has been stolen, what now?

Suspect a scam? Report fraud:  
[www.antifraudcentre-centreantifraude.ca](http://www.antifraudcentre-centreantifraude.ca)

**1** **Change your passwords.** Never use the same password on more than one account. Enable Two Factor Authentication, and use a password manager to generate and store strong passwords.

**2** **Tell the financial institution, credit card issuers, and companies involved.** You may need to change your account numbers, your PINs, and get new debit and credit cards.

**3** **Report the identity theft to the police and the CAFC.** Get a copy of the police report for your records. Contact the Canadian Anti-Fraud Centre (CAFC) 1-888-495-8501 or visit [www.antifraudcentre-centreantifraude.ca](http://www.antifraudcentre-centreantifraude.ca).

**4** **Cancel any missing or stolen identification documents.** Cancel government-issued documents like driver's license, birth certificate, or health card. Contact Service Ontario at **1-800-267-8097**. For SIN issues, contact Service Canada: **1-800-622-6232**. For Passport issues: **1-800-567-6868**.

**5** **Contact Equifax and TransUnion** Request a copy of your credit report. Dispute the fraudulent debt. Place a "fraud alert" on your file.  
**Equifax 1-800-465-7166**  
[www.equifax.ca](http://www.equifax.ca)  
**TransUnion 1-800-663-9980**  
[www.transunion.ca](http://www.transunion.ca)

**Info@KnowledgeFlow.org**  
**Facebook.KnowledgeFlow.org**  
**LinkedIn.KnowledgeFlow.org**  
**Twitter.KnowledgeFlow.org**

**Be Positive**



# Newcomers to Canada: **Support Services**



211 Ontario is a free and confidential service that connects people to social and community supports.

[211ontario.ca](https://211ontario.ca)

Call: 2-1-1

## **Get Cyber Safe**

Get Cyber Safe is a national public awareness campaign about cybersecurity and how to protect yourself online.

[www.getcybersafe.gc.ca](https://www.getcybersafe.gc.ca)

## **Free Newcomer Services**

Find newcomer community support in your area. Get support with job searches, language classes, residence searching, and more.

[ircc.canada.ca](https://ircc.canada.ca)

# Stay In Touch!



# Thank You!

info@KnowledgeFlow.org



[www.KnowledgeFlow.org](http://www.KnowledgeFlow.org)



[facebook.KnowledgeFlow.org](https://facebook.KnowledgeFlow.org)



[instagram.KnowledgeFlow.org](https://instagram.KnowledgeFlow.org)



[linkedin.KnowledgeFlow.org](https://linkedin.KnowledgeFlow.org)



[twitter.KnowledgeFlow.org](https://twitter.KnowledgeFlow.org)



[youtube.KnowledgeFlow.org](https://youtube.KnowledgeFlow.org)